The Antique Flower in Pastel Quilt

Featuring the "Antique Flower in Pastel" collection

Finished Size: 72" square

Designed by Lynne Goldsworthy for Lecien

Pre-cut friendly

Skill level: simple to medium – pattern uses traditional piecing methods paired with foundation

paper pieced HSTs



Fabric Requirements

One FQ Bundle of Antique Flower in Pastel

One FQ of each of the following Lecien solids: #301 Baby Pink, #3001 Tomato, #5004 Lemon, #6002 Pistachio and #7002 Baby Blue

AFP 35067-10 (border) ½ yard

Lecien solid #550 (BKG) 4 1/4 yards

AFP 35069-70 (binding) ½ yard

AFP 35070-70 (backing) 4 ½ yards

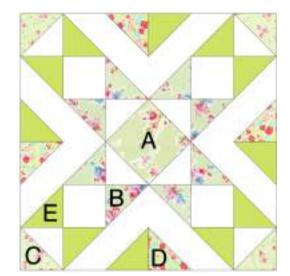
Pieced and quilting using Lecien COSMO Tsumugi Thread #110

Notes

- Read the pattern in full before starting.
- 1/4" seams are used throughout except where stated otherwise.
- Press after each seam, pressing seams open or to one side as preferred.
- WOF = width of fabric a strip of fabric cut from selvage to selvage or from the center cut to selvage if cutting a FQ.

Cutting the fabrics

- 1. You will be making: four blue, four green, four red/pink, two yellow and two pink/white blocks. In each block the prints and solids will be used as in the diagram below.
- 2. For the blue, green and red/pink blocks, cut:
 - Four 5 ½" A print squares
 - Four 7 1/4" B print squares
 - Two 7 1/4" C print squares
 - Two 7 1/4" D print squares
 - Six 7 ¼ E solid squares
- 2. For the yellow and pink/white blocks, cut:
 - Two 5 ½" A print squares
 - Two 7 ¼" B print squares
 - One 7 1/4" C print square
 - One 7 1/4" D print square
 - Three 7 ¼ E solid squares



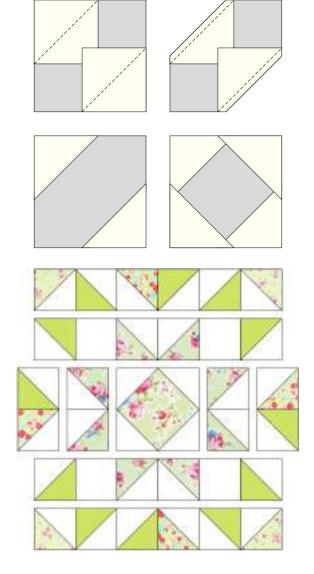
- 3. Cut the border fabric into seven 2 $\frac{1}{2}$ " WOF strips. Sew end-to-end and cut into two 64 $\frac{1}{2}$ " and two 68 $\frac{1}{2}$ " lengths.
- 4. Cut the BKG fabric into:
 - Ten 3" WOF strips and cut those into one hundred and twenty-eight 3" squares
 - Twelve 7 ¼" WOF strips and cut those into fifty-six 7 ¼" squares
 - Thirteen 2 $\frac{1}{2}$ " WOF strips. Sew end-to-end and cut into two 60 $\frac{1}{2}$ ", two 64 $\frac{1}{2}$ ", two 68 $\frac{1}{2}$ " and two 72 $\frac{1}{2}$ " lengths
- 5. Cut the binding fabric into seven 2 $\frac{1}{2}$ " WOF strips and the backing fabric into two equal lengths.

Making the quilt top

- 1. Each main block contains eight B, four C, four D and twelve E half square triangles (HSTs). To make each set of eight half square triangle units (HSTs), you will need one print 7 $\frac{1}{4}$ " square, one BKG fabric 7 $\frac{1}{4}$ " square and one HST template (fifty-six in total). The fabric squares are $\frac{1}{2}$ " bigger than the templates so that they overhang the paper by $\frac{1}{4}$ " all around the dashed line this is to make it easier to line up the fabrics to the paper template.
- 2. Pin one print fabric and one BKG fabric 7 ¼" square to the back of one of the HST templates with the fabrics right sides together and the BKG fabric next to the paper.
- 3. Shorten your machine stitch to 1.5 and sew along all of the red lines. Cut the template and fabric along all the blue lines using a rotary cutter. Trim off the corners on each triangle along the

green lines. Press each HST unit open and remove paper from the back of each HST unit. Repeat for the remaining sets of HST units.

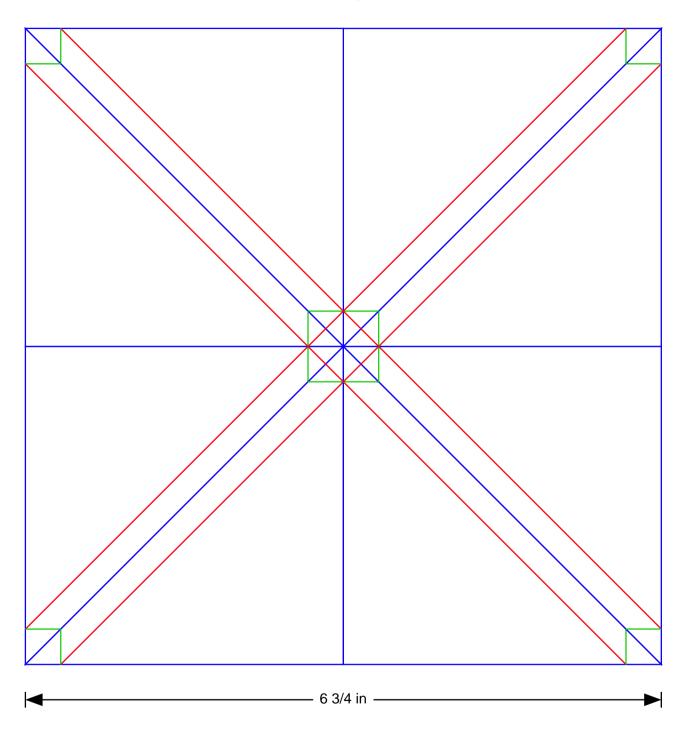
- 4. To make the economy squares at the center of each block, you will add four BKG fabric corner square triangles to each of the $5\,\frac{1}{2}$ " print squares. For each print square, you will need four BKG fabric 3" squares. Mark diagonal lines on the back of each of them with washable marker (see diagrams to the right).
- 5. Place one of the small squares right sides together with one corner of one of the large squares and sew along the diagonal line. Repeat with a square on the opposite corner. Trim away excess fabric 1/4" beyond the seam allowance lines. Press over to add two triangles to the corners. Repeat for the other two corners.
- 6. To assemble each of the sixteen blocks, follow the diagram to the right first assembling the centre section before adding the two rows on the top and bottom.
- 7. Sew the blocks into four rows of four following the layout in the main guilt diagram.
- 8. Sew those four rows together to finish the centre of the quilt top.
- 8. Sash the sides of the quilt top then the top and bottom with the following rounds of sashing:
 - 2 ½" x 60 ½" BKG strips then 2 ½" x 64 ½" BKG strips
 - 2 ½" x 64 ½" border print strips then 2 ½" x 68 ½" border print strips
 - 2 ½" x 68 ½" BKG strips then 2 ½" x 72 ½" BKG strips



Finishing the quilt

- 1. Cut the backing fabric into two equal lengths, remove selvages and sew together to make the quilt back.
- 2. Sew the binding strips end to end using diagonal or straight seams as preferred and press wrong sides together along the length to make a double fold binding.
- 3. Make a quilt sandwich, basting together the quilt back, the batting and the quilt top.
- 4. Quilt as desired then trim the quilt square, removing excess batting and backing. We quilted a diagonal cross hatch of lines approximately 1 ½" apart using Lecien Tsumugi #110 thread on the front and back.
- 5. Bind the guilt taking care to mitre the corners.

HST Template



Make sure to print templates at "100%" or "no scaling" and to check that the guide line has printed to the correct length